

**TRAIN  
WITH US**

**Stand**  
WITH  
**Trans** | ADVOCATE  
CELEBRATE  
EDUCATE

## **BASICS AND BEYOND**

### **TRANS 101 - PART 1 & 2**

Outline of definitions & terminologies, learn about correct pronoun usage, gender diversity & allyship

### **TOLERANCE VS ACCEPTANCE**

Build empathy, gain understanding of mental health outcomes for trans folks, learn how to create more accepting environments

### **GENDER EXPANSIVE IDENTITIES**

Take a deeper dive outside the binary to learn about identities that go beyond male and female genders.

### **CREATING SAFE SPACES**

How can your work environment be a welcoming, safe space for everyone?

### **ALLYSHIP**

Understand the barriers faced by trans folks in the workplace and learn solutions to overcome challenges.

### **TRANS HISTORY**

Transgender people have been around for centuries. Understand the history in America and across cultures.

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## **ADD-ON MODULES**

### **LANGUAGE UPDATES**

Overview of common terminologies and new definitions in the transgender community with the opportunity to apply these concepts

### **PRONOUNS: WHY THEY ARE IMPORTANT**

Discussion about the importance of pronouns with interactive scenarios to apply knowledge

### **GENDER DIVERSITY: DEEP DIVE**

Consideration of genders outside the binary of male or female with interactive activities for gender exploration

### **ROLE PLAY SCENARIOS**

Role play exercises to increase understanding of inclusive language, correct pronoun use and positive allyship

### **EMPATHY: INTERACTIVE EXERCISES**

Learn how to increase empathy of the transgender/nonbinary community through interactive practice

### **LEGISLATIVE NEWS**

Updates provided on current legislation that impacts the transgender community

**248-739-9254 FOR MORE INFORMATION**